

ST. CATHERINE'S PARK

1ST AVENUE (BETWEEN 67TH & 68TH STREETS)

*Here's what's happening for the **CHILDREN** in our
Park*

Time: 9:30 AM to 10:30 AM

**Details: *ELAHI CHILDREN YOGA
LOTUS BUDS CLASS***

Playful and fun, young children with a parent or caregiver, lay the foundation for yoga with animal yoga poses, songs, stories, and games that help develop positive life skills for ages 12 months - 4 years old

Dates: Monday June 24, July 15, 22 and 29

